

# Water Woes

Source: Chapter 19 “Take Control of Your Health and Escape the Sickness Industry” by Best Selling Author Elaine Hollingsworth.

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# *Water Woes*

*“Tragically, we are exposing people to deadly elements of arsenic, lead and radium, all carcinogenic”*

When contemplating the vast number of toxic chemicals governments permit in water supplies, one has the inescapable impression that they are out to get us. But wait – if we’re all dead, who will pay the taxes needed for their salaries, cushy retirements, and fund their grandiose schemes and overseas trips? Could it be that they are simply ignorant or stupid? Or should we blame the chemical companies’ lobbies – the strongest in the world? No matter the reason, once again we must think for ourselves, distrust authority, and never drink any of the stuff, especially if it is fluoridated, “for the sake of children’s teeth”.

In certain parts of the world *calcium fluoride* occurs naturally in the water and it causes teeth to be yellow and mottled and ugly – but extremely strong. What is dumped, willy-nilly, into the water supplies of too many English-speaking communities, however, is not calcium fluoride, but *silicofluorides*, which are 85 times more toxic than calcium fluoride.

According to an article in *The Weston A Price Foundation Magazine*, Summer 2001, by Anita Shattuck, “They are non-biodegradable, hazardous wastes taken from the pollution scrubbers of industries. If not dumped in the public water supplies, these silicofluorides would have to be neutralised at the highest rated hazardous waste facility at a cost of US\$1.40 per gallon (or more depending on how much cadmium, lead, uranium and arsenic are also present). Cities buy these unrefined pollutants and dump them – lead, arsenic and all – into our water systems.”

This has to be one of the greatest con jobs ever pulled on an unsuspecting, trusting public; in their search for a profitable way to rid themselves of their waste problem, industry came up with a brilliant idea – they decided to make us drink it! A brilliant idea for industry, but disastrous for citizens who drink and bathe in water contaminated by the uranium, arsenic, aluminium, cadmium and lead removed from the scrubbers.

If your dentist encourages you to have your teeth, and those of your children, ‘protected’ by sodium fluoride, just remember that in all probability he or she also considers it perfectly safe to fill your teeth with mercury, the second-most dangerous substance on Earth (see *Chapter 17, Dental Health*). Further, those dental associations who ‘advise’ governments and the general public on dental health are not scientific

bodies, but trade groups that are heavily influenced by the chemical companies and drug cartels.

Somehow all of the organizations, politicians and medical people who should be looking after our health, have decided to ignore or suppress the fact that sodium fluoride was used as an insecticide, rodenticide, herbicide and fungicide, was incorporated into nerve gasses, and used in frosting and etching glass, due to its powerful scouring ability. These poisons from industrial scrubbers do not simply pass through your body – they remain there to create havoc.

For example, they are known to cause:

- Cancer
- Genetic damage
- Neurological impairment
- Lowered IQ in children
- Osteosclerosis
- Osteoporosis
- Spondylaxis
- Goitre
- Chromosomal aberration
- Dizziness
- Joint pain
- Fatigue
- Bloody vomit
- Skin rashes
- Gastroenteritis
- Hypersensitivity
- Headaches
- Urinary tract infections
- Muscular stiffness and aches
- Abdominal pains
- Depression
- Chronic fatigue
- Muscle spasms
- Eczema
- Leg swelling
- Hair loss
- High blood lead levels
- Learning disabilities
- Violence
- Sickle cell anaemia
- Down's syndrome
- SIDS
- Immune system suppression
- Dental fluorosis
- Thyroid dysfunction
- Lead uptake
- Bone fractures

Alzheimer's Disease is epidemic in heavily-fluoridated Australia and New Zealand, and in all other fluoridated communities. Decades ago the connection was discovered when doctors observed that when kidney dialysis was carried out with fluoridated water the patient, no matter the age, was quickly afflicted with Alzheimer's Disease. In heavily fluoridated areas

patients died during treatment because of fluoride, and hospitals soon learned that they had to use pure water for dialysis. Governments were made aware of this, yet continued dosing water supplies.

In 1986, 1100 scientists, who worked for the Environmental Protection Agency in the US, tried to sue their own agency for ignoring important data on the dangers of fluoridation.

Even Australia's own war hero surgeon, the late 'Weary' Dunlop, came out strongly against fluoridation, labelling it "poisonous".

Despite all the authoritative and peer-reviewed research published to date, as far as I have been able to establish, only one government has had the sense and decency to outlaw the use of fluoride as an aid to oral health. Fluoride tablets, fluoride drops and fluoride chewing gum, for decades promoted as the crown jewels of dentistry, are to be taken off the market in Belgium because the government now agrees that they are poisonous and pose a great risk for physical and psychological health.

### ***A Brave and Principled Man***

Dr Hardy Limeback, BSc, PhD in Biochemistry, DDS, head of the Department of Preventive Dentistry for the University of Toronto, and president of the Canadian Association for Dental Research, is now on our side. He was formerly Canada's leading sodium fluoride authority and was the main Canadian promoter of fluoridation.

When I heard that Dr Limeback had had a dramatic change of heart, I rang him at the University. He told me that he had addressed students and faculty at his University and apologised for his former stand. He told them, "For the past 15 years I had refused to study the toxicology information that is available to everyone. Poisoning our children was the furthest thing from my mind. The truth was a bitter pill to swallow. But swallow it, I did."

A very brave and principled man, Dr Limeback is now working to stop Canadian fluoridation. "Tragically, we are exposing people to deadly elements of arsenic, lead and radium, all carcinogenic. Because of the cumulative properties of toxins, the detrimental effects on human health are catastrophic... Residents of Canadian cities that fluoridate have double the fluoride in their hip bones, compared to the rest of the population. Even

### ***Scientific Fraud***

A list of 119 scientists who oppose fluoridation was compiled by the London Anti-Fluoridation Campaign. The list includes Nobel Prize winners, and reads like a *Who's Who* of the scientific community. This is one of the statements they released to the press:

**"Fluoridation is the greatest scientific fraud of this century, if not of all time."**

worse, we have discovered that fluoride is altering the architecture of bones.” Australia and New Zealand need more dentists with integrity and courage to speak out the way Dr Limeback has done.

The bottom line: *This stuff is poisonous, in all its forms.* Tell your children’s schools that you will sue them if they put it in your children’s mouths. Never buy fluoride toothpaste. Shun dentists who want to paint a rat poison on your teeth, and do not allow glass ionomer fillings to be put in your mouth: they exude fluoride and do continuing damage. And please, *write letters of complaint to your political representatives.* This is the only way we can effect change.

Perhaps one day governments in English-speaking countries will come to their senses and stop allowing industry to poison us with their toxic waste. Judging from experience, it will be a long wait. Meantime, there are alternatives to drinking tap water: uncontaminated tank water, bottled water and filters. Most filters remove chlorine and other poisons. Only a few remove fluoride.

Ideally, every household that uses municipal water should have efficient filters at source. Most cannot afford such luxuries and are left with little choice, other than bathing in a chemical stew which, inevitably, is absorbed by the body. For country people, when pesticides are not in the air, rain water is the obvious answer. But this is not advisable in suburbia, or in areas close to big cities, due to air pollution.

### ***Wonderful Water***

There are two bottled waters I can recommend. One, Alpha Lyte, [www.alphalyte.com](http://www.alphalyte.com), comes from a 10,000-year-old deposit in Cooroy Mountain, Queensland, Australia, and it goes through a series of filtration processes. Then, ionic, crystalloid, plant-based trace minerals are added. These minerals are not produced in a laboratory, but are as nature made them, and they are crucial for health. Next, and this is important, the water goes through an energizing process, which makes it “alive”. See ***Resources***

Another alive water, [www.grander.com.au](http://www.grander.com.au) (07 5568-7522) is made by Grander Water Technologies (GWT). Hippocrates Health Centre has the Grander system installed at source, so all our water is pure. GWT has recently bottled their water and it is now available in supermarkets throughout Australia. This water also comes from a natural spring. It is called Grandoz

An economical option is Tesla’s water kit, which can be easily fitted to your water supply at source. Email: [info@teslas.us](mailto:info@teslas.us). Phone in Australia: 1-300-898-983.

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For more information about Elaine Hollingsworth and her book

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